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The information provided on this website is for educational and informational purposes only and is not intended to be medical or psychiatric advice, diagnosis, or treatment. Use of this website, including submitting forms or contacting Valley of Strength Psychiatry, does not establish a provider–patient relationship. A formal relationship is only established after completion of an intake process and mutual agreement to begin care.

Valley of Strength Psychiatry provides outpatient psychiatric services in accordance with applicable laws and regulations of North Carolina. Telehealth services, are available only to individuals who are physically located in North Carolina at the time of their appointment. This information will be confirmed at the start of the appointment. Telehealth services are provided through secure, HIPAA-compliant platforms; however, as with any electronic communication, there are potential risks to privacy. By choosing telehealth services, you acknowledge and accept these risks.

Mental health care is highly individualized, and information on this website may not apply to your specific situation. Treatment decisions should always be made in collaboration with a qualified, licensed healthcare professional.

Valley of Strength Psychiatry is an outpatient practice and is not equipped to provide emergency or crisis services. If you are in immediate danger or experiencing a mental health crisis, please call 911, go to your nearest emergency department, or contact the 988 Suicide & Crisis Lifeline by calling or texting 988 for immediate support.

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